

Top Ten Best Ideas for Setting Goals

Complete the following write your answers on back of this sheet except #10. Be sure to number your answers.

1. Make a list of your values. Decide on what's really important to you.
2. Begin with the end in mind. Decide on what kind of living environment you would like to live in.
3. Project yourself in the future. Decide what you see yourself doing within the next six months.
4. Write down ten things you want this year. By making a list of the things that are important to you, you begin to create images in your mind.
5. Create your own story board. Draw the events you want to see come to light.
6. Decide on the three most important things. Name three things you want to achieve before you die.
7. Ask yourself good questions. Instead of wishing for your goal to come true, ask yourself what you can do to make them come true.
8. Focus on one project at a time. One of the mistakes people make in setting goals is they try to work on too many things at one time.
9. Write out an ideal scenario. Project yourself into the future and write an article that describes how you have already achieved the success you seek.
10. Pray and meditate.